

Kathmandu City Tour

A legendary adventure to the foot of the world's highest peak.

Trekking at a Glance

DURATION	MAX ALTITUDE	BEST TIME	ACCOMMODATION
8 Days	1,750m	All year round	Hotel

THE OVERVIEW

Kathmandu Valley is rich in heritage sites and offers numerous opportunities for sightseeing and cultural exploration. This tour is designed to help you discover Nepal’s ancient traditions, religious landmarks, and historical architecture in a meaningful way. The valley is home to several UNESCO World Heritage Sites, including temples, monasteries, palaces, and sacred pilgrimage sites. You can explore both Hindu and Buddhist cultural landmarks, making this tour a perfect combination of history, spirituality, and local lifestyle. This itinerary includes both full-day and half-day sightseeing programs, covering the most important cultural and historical places in Kathmandu Valley. It is an ideal tour...

DAILY ITINERARY

8 DAY TREK SCHEDULE

01

Kathmandu Durbar Square & Boudhanath Stupa

Visit Kathmandu Durbar Square, located in the heart of Kathmandu, where you will explore ancient temples, the royal palace, museums, and the Kumari (Living Goddess) house. Later, visit Boudhanath Stupa, one of the largest Buddhist stupas in the world, surrounded by monasteries and Tibetan culture.

ALT: 1,400m HIKE: 4–5 hrs

02

Patan Durbar Square & Swayambhunath (Monkey Temple)

Visit Patan Durbar Square, known for its temples, Golden Temple, and ancient architecture. Then visit Swayambhunath, a hilltop stupa offering panoramic views of the valley and filled with prayer flags and monkeys.

ALT: 1,400m HIKE: 4–5 hrs

03

Pashupatinath Temple & Bhaktapur Durbar Square

Visit Pashupatinath Temple, a sacred Hindu site with cremation ghats along the Bagmati River. Then explore Bhaktapur Durbar Square, known for its 55-window palace, Nyatapola Temple, and traditional architecture.

ALT: 1,400m HIKE: 5–6 hrs

04

Namo Buddha Visit

Visit Namo Buddha, a sacred Buddhist pilgrimage site located on a hilltop. Explore monasteries, caves, and enjoy beautiful mountain and nature views.

ALT: 1,750m HIKE: 4–5 hrs

05

Budhanilkantha & Nagi Gumba

Visit Budhanilkantha Temple, known for its large reclining Vishnu statue in water. Then hike to Nagi Gumba, a peaceful nunnery located in the forest.

ALT: 1,600m HIKE: 4–5 hrs

06

Chovar & Pharping Exploration

Visit Chovar (Manjushree Hills), known for caves and legends. Then explore Pharping, famous for monasteries and Asura Cave, an important Buddhist meditation site.

ALT: 1,,400m HIKE: 4–5 hrs

07

Sankhu, Vajrayogini Temple & Milarepa Cave

Visit Sankhu village, Vajrayogini Temple on the hilltop, and nearby Milarepa Cave in the forest. Experience local culture and scenic surroundings.

ALT: 1,500m HIKE: 4–5 hrs

08

Kapan Monastery, Phulari Monastery & Gokarneshwor Temple

Visit Kapan Monastery and nunnery, then hike to Phulari Monastery with forest views. End the tour at Gokarneshwor Temple, one of the oldest temples in the valley.

ALT: 1,400m HIKE: 5-6 hrs

END OF SERVICES

What's Included

- Airport pick-up and drop-off
- Private transportation for sightseeing
- Professional English-speaking guide
- All sightseeing tours as per itinerary

What's Not Included

- Entry fees for heritage sites
- Meals (lunch and dinner)
- Travel insurance
- Personal expenses
- Tips for guide and driver

CERTIFIED & AUTHORIZED AGENCY

TAAN NMA NTB NEPAL GOVERNMENT

Ready for the adventure?

Contact our travel specialists to customize your trek experience or book your spot today.

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