



Annapurna Circuit Trek

A legendary adventure to the foot of the world's highest peak.

● Trekking at a Glance

DURATION

14 Days

MAX ALTITUDE

5,416m

TRIP GRADE

Hard

BEST TIME

Feb-May & Oct-Dec

ACCOMMODATION

Tea house / Lodge

THE OVERVIEW

Annapurna Circuit Trek is one of the most popular trekking destinations in Nepal after the Everest region. This route was officially opened for trekkers in 1972 and has since attracted travelers from all over the world. This trek offers one of the highest mountain passes, Thorong La Pass (5,416m), and provides magnificent views of many mountains including the 7th highest mountain in the world, Dhaulagiri (8,167m), and the 10th highest mountain, Annapurna I (8,091m). This trek is also suitable for those who want to experience high mountain trekking. The Annapurna Circuit is not only popular for trekking but also for...

01

Airport picks up and drops to the hotel

Upon arrival at Tribhuvan International Airport, our team will welcome you and transfer you to your hotel. After check-in, you can rest or explore nearby areas. Overnight stay at hotel.

ALT: 1,400m

02

Drive from Kathmandu to Jagat

Drive from Kathmandu to Jagat by private vehicle or tourist bus. Enjoy scenic views of rivers, hills, and villages along the way. Overnight stay at lodge.

ALT: 1,300m MEAL: Breakfast, Lunch, Dinner

03

Trek from Jagat to Dharapani

Begin trekking through forests, villages, and river trails to reach Dharapani. Enjoy natural beauty and local culture. Overnight stay at lodge.

ALT: 1,860m HIKE: 5–6 hours MEAL: Breakfast, Lunch, Dinner

04

Trek from Dharapani to Chame

Trek through pine forests along the Marsyangdi River to Chame. Enjoy beautiful views of surrounding mountains. Overnight stay at lodge.

ALT: 2,670m HIKE: 5–6 hours MEAL: Breakfast, Lunch, Dinner

05

Trek from Chame to Pisang

Continue trekking through forest trails with stunning views of Annapurna II and Lamjung Himal. Overnight stay at lodge.

ALT: 2,675m HIKE: 5–6 hours MEAL: Breakfast, Lunch, Dinner

06

Trek from Pisang to Manang via Ngawal village

Trek via Ngawal village with panoramic views of the Annapurna range. Explore Manang village and enjoy local culture. Overnight stay at lodge.

ALT: 3,540m HIKE: 5–6 hours MEAL: Breakfast, Lunch, Dinner

07

Acclimatization day

Rest day in Manang for acclimatization. You can take short hikes and explore nearby areas to adjust to the altitude. Overnight stay at lodge.

ALT: 3,540m MEAL: Breakfast, Lunch, Dinner

08

Trek from Manang to Yak Kharka

Trek gradually uphill through alpine landscapes to Yak Kharka. Enjoy peaceful surroundings and mountain views. Overnight stay at lodge.

ALT: 4,050m HIKE: 4–5 hours MEAL: Breakfast, Lunch, Dinner

09

Trek from Yak Kharka to Thorung Phedi

Trek to Thorung Phedi, the base camp for crossing Thorong La Pass. Prepare for the next day's challenging trek. Overnight stay at lodge.

ALT: 4,450m HIKE: 4–5 hours MEAL: Breakfast, Lunch, Dinner

10**Trek from Thorung Phedi to Muktinath via Thorung La Pass**

Cross Thorong La Pass (5,416m), the highest point of the trek. Enjoy breathtaking views before descending to Muktinath. Overnight stay at lodge.

ALT: 5,416m HIKE: 7–8 hours MEAL: Breakfast, Lunch, Dinner

11**Trek from Muktinath to Jomsom via Lubra village**

Trek to Jomsom via Lubra village, experiencing local culture and scenic landscapes. Overnight stay at lodge.

ALT: 2,720m HIKE: 5–6 hours MEAL: Breakfast, Lunch, Dinner

12**Drive from Jomsom to Pokhara by private jeep**

Drive from Jomsom to Pokhara by private jeep. Enjoy scenic views along the way and relax in Pokhara. Overnight stay at hotel.

ALT: 884m MEAL: Breakfast

13**Fly from Pokhara to Kathmandu**

Fly back to Kathmandu with beautiful views of the Himalayas. Transfer to hotel and relax. Overnight stay at hotel.

ALT: 1,400m MEAL: Breakfast

14**Fly back home**

Transfer to the airport for your final departure. Trip ends with wonderful memories.

ALT: 1,400m MEAL: Breakfast

END OF SERVICES

- What's Included

- Airport pickup and drop-off
- Airport transfer
- Three meals a day
- Tea and coffee
- Hotel in Kathmandu and Pokhara
- Lodge accommodation
- Permits
- Transportation
- Guide and porter
- First aid
- Taxes

- What's Not Included

- International flight
- Travel insurance
- Lunch and dinner in city
- Visa fee
- Personal expenses
- Drinks
- Charging, shower, internet
- Equipment
- Emergency rescue
- Extra costs
- Tips

CERTIFIED & AUTHORIZED AGENCY

TAAN NMA NTB NEPAL GOVERNMENT

Ready for the adventure?

Contact our travel specialists to customize your trek experience or book your spot today.

- +977-9849487392 / +977-980857339
- info@nepaltravellersclub.com

© 2026 Nepal Trekkers Club | Kathmandu, Kathmandu, Nepal